

Dream Explorer



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We dream at every dreaming landscape simultaneously, yet we remember dreams in our own unique way.

The dreaming landscapes –where we go in dreams– are based on time: the Dreaming Landscapes of What Is, the Dreaming Landscapes of What Was, the Dreaming Landscapes of What Could Be, and the Dreaming Landscapes of What is Eternal, but it is only one aspect that helps us build a dreaming profile; what we do in the dreaming landscapes, how open the gate to these landscapes is and how we access them are the other three main factors.

Profile

The Dream Explorer spontaneously or purposefully wakes up within the dreaming landscapes. The gate is now open but not entirely, as the last step entails being conscious of the simultaneous dreams happening, including this one, awake or asleep.

While lucidity is a spectrum and staying lucid requires practice, this dreamer has broken social and mental conditioning, and now it becomes possible to choose where to go, with whom to connect, or what to do in dreams. Even so, remember that even for lucid dreamers, dreams happen.



Landscapes

Be it in the Limbo Tunnels of the Dreaming Landscapes of What Is, the Dark Jungles or Utopic Highlands of the Dreaming Landscapes of What Was, or the Time Rivers of the Dreaming Landscapes of What Could Be, the Dream Explorer can move freely as these are landscapes where the mind still works. But in this state, it is impossible to visit the Crystalline Waterfalls or Soul's Peak.

Tips

The Dream Explorer needs to be aware of the dreamer's paradoxes and principles and the laws of the land –see The Dreaming Landscapes. If lucidity is reached without a certain degree of integration, the dreamer might get attracted to less-than-ideal circumstances, bump into less-than-desirable entities, or be drawn into dangerous territories, particularly in the Limbo Tunnels and Dark Jungles.

The workshop DreamWalker Death of the Crimson Circle will help you recognize potential risks; the names of the landscapes are not the same as the ones we are using here, and it has the specific purpose of teaching how to dreamwalk the ones in transition after death. And no, we don't get commissions on it, but if it helps, let us know. And once again, remember, you are the master of your dreams.

If you want to know more,

you can explore [The Dreaming Landscapes](#), the lands where dreams occur, or you can review [The Dreaming Profiles](#), where you will find the ten dreaming archetypes. Alternatively, you can get a comprehensive approach to dreaming in [The Essential Dreaming Workshop](#); there, you will be able to understand how the different cultures approached dreams in this era, you will see how movies have portrayed the dreaming landscapes, and yes, you will also have the possibility to open the gate of the dreaming landscapes and strengthen your connection to dreams.

And let us add that focusing on dreams-related information will help you expand your capacity to remember. Look out for [Aberdeem](#) on Medium; she writes about dreams in depth. And remember to always document them; A Thousand Dreams will help you make the most of them.

